



AT A GLANCE

Currency

Canadian dollar (\$CDN).
Current exchange rate: \$2.01 CDN to £1.00 sterling

Cost of living

Loaf of bread: £0.70
Bottle of wine: £6.00

Time zones

Canada has 6 different time zones, from GMT minus 3.5 hours in the Newfoundland zone to GMT minus 8 hours in the Pacific zone. Daylight Saving Time is used.

Business hours

Post offices:
8:30 am to 5:30 pm, Monday to Friday, plus Saturdays 9:00 am to 12 noon in some larger towns.

Banks:

Standard hours are 10:00 am to 4:00 pm, Monday to Friday.

Shops and supermarkets:

Standard hours are 9:00 am to 5:30 pm, Monday to Saturday. In larger places, supermarkets and malls open as early as 7:30 am and close as late as 9:00 pm. An increasing number of provinces now allow limited Sunday opening (usually 9:00 am to 5:00 pm).

Population

Approximately 32.5 million

Languages

Official languages are English (59.3 per cent) and French (23.2 per cent).

Religions

Roman Catholic: 44 per cent
Protestant: 28 per cent
Plus minorities from most other major world religions.

Driving

Driving is on the right. A driver's licence and passport are required when renting a car.

Average house price

£127,000